



# SENIOR PROGRAMS

## MOST NEEDED ITEMS:

**Canned Vegetables** Such as tomatoes, corn, or green beans.

**Cold Cereal**- Preferably healthy cereals such as Cheerios, Chex and Special K.

**Hot Cereal**- Boxes of individual packs of grits or oatmeal.

**Juices**- Large to medium bottles of healthy juices, all varieties

**Instant Mash Potatoes**

**Cans of soups**- All varieties

**Bags of Rice**

**Individual packs of Applesauce or fruit cups**

**Canned protein**- Chicken/Tuna

**Peanut Butter**

**Jelly**

**Graham Crackers**

**Shelf Stable Milk or Evaporated Milk**

**Non-Food Items**- Such as paper towels, toilet paper, Ziploc bags, aluminum foil.

